



# iwalk<sup>2005</sup>

## International Walk, Bike, and Take the Bus to School Day

# October 5

Join children and adults around the world for a day of exercise!

why

i walk/bike/bus 2005 is an event to raise worldwide awareness of alternative transportation issues.

participate?

Walking and biking promote:

- Physical activity
- Teaching safe walking and bicycling skills to children
- Awareness of how walkable and bikeable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Taking back neighborhoods for pedestrians and cyclists
- Sharing time with community leaders, parents and children

get started at:

[www.saferoutesathens.com](http://www.saferoutesathens.com)

and contact your local coordinator: Kris Boudreau 369-6776

I Walk/Ride/Bus to Barrow is led by Safe Routes Athens, organized by BikeAthens.

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